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INDIANA STATE NUTRITION  
ACTION COMMITTEE

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**2020**  
**SNAC**  
**MEMBER**  
**PROFILES**

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Indiana State  
Department of Health

January 2020  
Jessi Dickerson, MS, RD  
Amy Rupp, MPH  
SNAP-Ed Coordinators

# Indiana State Nutrition Action Committee

## What is SNAC?

SNAC is a state-level collaborative with active representation from state agencies and organizations focused on reaching under-served populations in regards to food and nutrition education access. Together the SNAC partner organizations reach Hoosiers throughout their lifespan, from infancy through aging, providing food benefits, nutrition education, and obesity prevention services.



## Goal

Maximize state and local partnerships across Indiana to more effectively address the gaps in nutrition education in SNAP-eligible populations.

## Purpose

The Indiana State Nutrition Action Committee (SNAC) is a partnership of statewide organizations working collectively to improve the health of Hoosiers, especially in low-income populations.

## Want to learn more?

If you're interested in learning how to become an agency partner involved with SNAC please contact:

**Jessi Dickerson, MS, RDN**  
**SNAP-Ed Coordinator**  
**Indiana State Department of Health**  
[jdickerson@isdh.in.gov](mailto:jdickerson@isdh.in.gov)

**Amy Rupp, MPH**  
**SNAP-Ed Coordinator**  
**Indiana State Department of Health**  
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# AMERICAN HEART ASSOCIATION

**Name:** Kelli McCrary

**Title:** Community Impact Director

**E-mail:** kelli.mccrary@heart.org; **Phone:** 317-732-4718

## **Nutrition-related initiatives/committees that you currently work on:**

- Community Gardens
- Health Equity
- Clinic-based initiatives for blood pressure, cholesterol and diabetes
- Hands Only CPR
- Workplace Health

## **Additional Information:**

Excited to partner with organizations to have a greater impact than we would alone.

# CITY OF INDIANAPOLIS

**Name:** Milele Kennedy, CMP

**Title:** Food Policy & Program Coordinator

**E-mail:** milele.kennedy@indy.gov

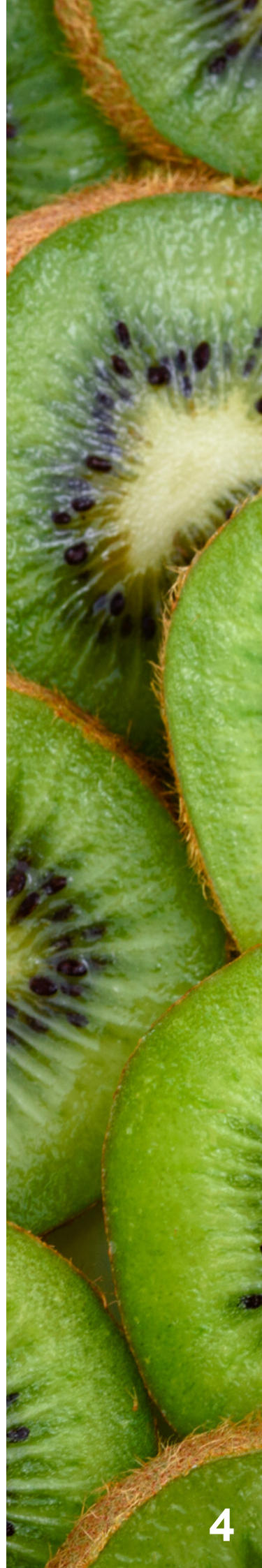
**Phone:** **Office** 317-327-4135; **Cell** 317-601-0315

## **Nutrition-related initiatives/committees that you currently work on:**

- Top 10 Coalition – Nutrition Work Team
- Indiana Healthy Weight Initiative
- Indy Hunger Network – Board Member
- Indy Food Council – Advisory Board Member

## **Additional Information:**

5 Year CDC Sodium Reduction in Communities grant



# FEEDING INDIANA'S HUNGRY

**Name:** Emily Weikert Bryant

**Title:** Executive Director

**E-mail:** ewbryant@feedingindianashungry.org; **Phone:** 317-396-9355

**Nutrition-related initiatives/committees that you currently work on:**

- SNAP administrative policy opportunities (coalition building TBD).
- State and federal legislation pertaining to SNAP, working with in-state advocacy partners, Feeding America, Food Research and Action Council (FRAC), Center on Budget and Policy Priorities (CBPP), and MAZON on federal issues.
- Leading outreach with partners on SNAP drug felon ban elimination.
- Provide SNAP outreach materials and technical assistance to 11 member food banks serving 1800 local agencies.

**Additional Information:**

Feeding Indiana's Hungry is the state association of Feeding America affiliated food banks.

## GLEANERS FOOD BANK OF INDIANA

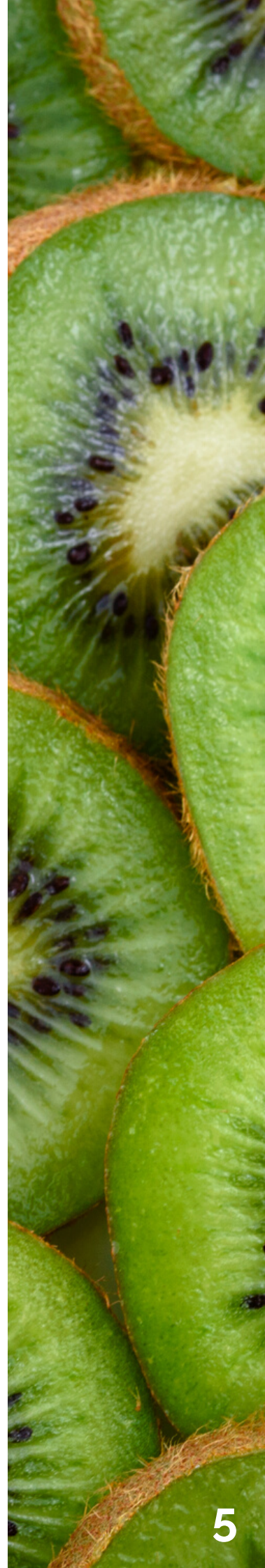
**Name:** Sarah Huber, RDN

**Title:** Nutrition Manager

**E-mail:** shuber@gleaners.org; **Phone:** 317-925-0191 ext. 122

**Nutrition-related initiatives/committees that you currently work on:**

- **Supporting Wellness at Pantries (SWAP)** – a “stoplight”-based nutrition ranking and labeling system that categorizes foods based on their saturated fat, sodium, and sugar content. Foods are labeled as green (choose often), yellow (choose sometimes), or red (choose rarely) in the pantry, which is a great education opportunity for clients and volunteers alike. This program is currently being piloted in 4 Gleaners agency partner pantries, with hopes of adding more in the future!
- **Food is Medicine/health care partnerships** – Gleaners was one of seven Feeding America food banks to receive a generous “Food is Medicine” grant from the Anthem Foundation. The goal of this grant is to support health care partnerships with hunger relief organizations, including provision of universal food insecurity screening and on-site food assistance resources for patients. Gleaners is working to expand partnerships with a variety of health care providers because we recognize that food insecurity is a major contributor to a wide range of negative health outcomes. One recent initiative in this area has been our training seminars for medical students and residents on how to sensitively screen patients for food insecurity and provide relevant interventions/referrals for this important social determinant of health.

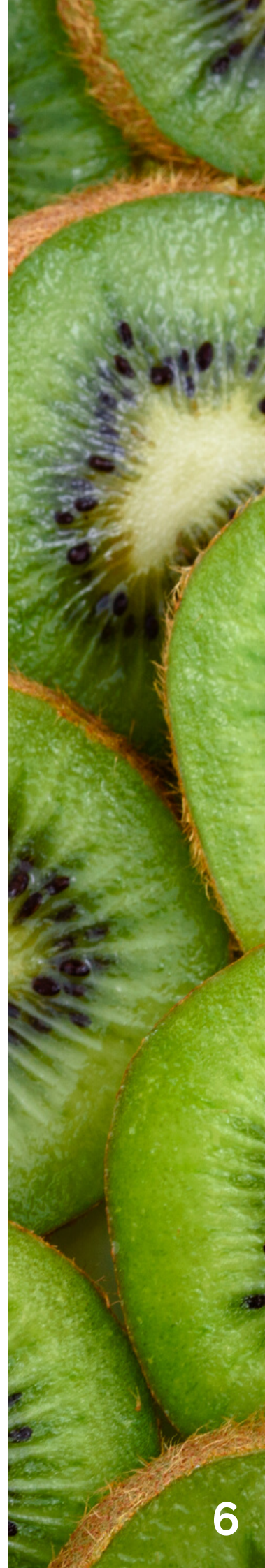


# GLEANERS FOOD BANK (CONT.)

- **Nutrition/cooking education** – In addition to sharing healthy recipes and nutrition education handouts with our agency partners and clients, Gleaners partners with Indy Hunger Network (IHN) to host regular Cooking Matters classes for adults at our on-site food pantry. We also have contributed information about health/nutrition to IHN's annual Food Pantry Summit and other pantry resources. We have coordinated a Summer Nutrition Club program for children at our Summer BackSack sites in Marion County for the past two years. Gleaners also partners with the IUPUI dietetic internship program, Marion County Public Health Department, and the American Dairy Association of Indiana to hold regular food pantry recipe demos and other nutrition education efforts for our clients. We hope to continue all of these programs in the future!
- **Top 10 Coalition Nutrition Work Team** – I truly enjoy attending the monthly nutrition meetings and quarterly full coalition meetings to learn from and collaborate with others doing similar work in Marion County/central Indiana! Some of my coworkers and I also sit on similar committees in other counties within our service area (i.e. Hendricks County Health Partnership, Partnership for a Healthy Hamilton County, etc.).

## Additional Information:

- Gleaners is a member of the Feeding America network of food banks, and is the largest food bank in Indiana. Our distribution center is located in Indianapolis, but we serve 21 counties throughout central and southeastern Indiana. We partner with over 560 local pantries, schools, faith-based, and community organizations to serve the over 311,000 food insecure Hoosiers in our service area.
- Gleaners operates the Lower Midwest Regional Produce Cooperative from our warehouse. This allows us to acquire a variety of high-quality fresh produce directly from growers and distribute these nutritious foods in cost-effective mixed loads to our partners and other regional food banks. In 2019, over 15 million pounds of fresh fruits and vegetables were distributed to those with limited access to food.
- One of Gleaners' goals is to have at least 80% of the foods we distribute be classified as "Foods to Encourage" by 2023. "Foods to Encourage" is a Feeding America term that encompasses health-promoting, nutrient-dense foods such as fruits, vegetables, lean proteins, whole grains, and dairy.



# HEALTHLINC

**Name:** Amanda Schwenk

**Title:** Outreach and Enrollment Representative

**E-mail:** [aschwenk@healthlincchc.org](mailto:aschwenk@healthlincchc.org); **Phone:** 888-580-1060 ext.2962

**Nutrition-related initiatives/committees that you currently work on:**

HealthLinc patients fill out a questionnaire that helps our team identify many insecurities, one of which is food/nutrition. Outside of the clinic, each of our Outreach Representatives have relationships with local food pantries and we work to help the food pantries remain successful, even if that means just having an extra set of hands to help carry food to visitor's vehicles. Otherwise, we are included in local committees in each of the communities we serve, such as the St. Joseph County Food Access Council.

**Additional Information:**

HealthLinc is a non-profit community health center. We have 12 clinics across Northwest Indiana, as well as a Mobile Clinic that helps us reach our more rural areas with Medical and Dental services.

## INDIANA DEPARTMENT OF EDUCATION

**Name:** Fern Bachner

**Title:** Child & Adult Care Food Program Field Specialist

**E-mail:** [fbachner@doe.in.gov](mailto:fbachner@doe.in.gov); **Phone:** 317-771-9187

**Nutrition-related initiatives/committees that you currently work on:**

The Child & Adult Care Food Program (CACFP) is a federal program that provides reimbursements for nutritious meals and snacks to eligible children and adults who are enrolled for care at participating child care centers, day care homes, and adult day care centers. CACFP also provides reimbursements for meals served to children and youth participating in afterschool care programs, children residing in emergency shelters.

**Additional Information:**

None Listed



# INDIANA HEALTH CENTERS, INC.

**Name:** Lora Burke-Mulkey, RN

**Title:** WIC Coordinator/Program Manager

**E-mail:** lburke@ihcinc.org; **Phone:** 765-864-4160 ext.4233

## **Nutrition-related initiatives/committees that you currently work on:**

Food and Nutrition Program (FNP) in some counties. Last year in Grant County, WIC worked with the safety coalition of Marion General Hospital (MGH) on their yearly plan to help improve the health of our community. WIC contributed nutrition information for newborns to age 5 to be part of the project of a booklet that all parents with MGH providers could obtain with healthy guidelines. The book was completed and is being utilized. This year's project is again, based on nutrition. Healthy Families of Hamilton County. Occasionally (as their meetings are inconsistent) we work with Partnership for a Healthier Hamilton County. It's a food and nutrition focused group networking in the county. Groups talk about what they are doing or working on to promote good nutrition and health.

## **Additional Information:**

We cover 7 counties, Howard, Tipton, Cass, Grant, Hamilton, Clinton, and Fulton. Each of these communities are very different both in the demographic we serve and the services/programs available in the area.

# INDIANA STATE DEPARTMENT OF HEALTH (ISDH)

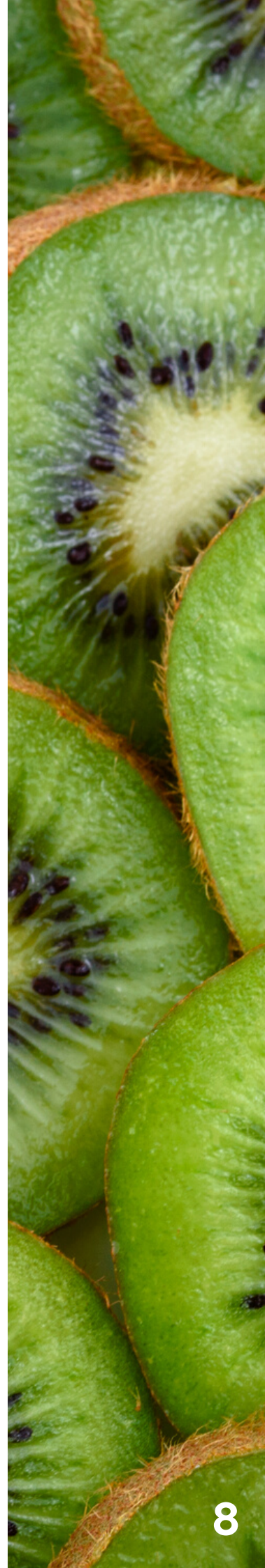
**Name:** Joyce Fillenwarth

**Title:** Indiana State Office Rural Health Manager

**E-mail:** jfillenwarth@isdh.in.gov; **Phone:** 317-233-7734

## **Nutrition-related initiatives/committees that you currently work on:**

My Small Hospital Improvement Grant for hospitals with 49 beds or less. Within this educational grant, we have had hospitals express interest with assistance in providing nutritious food options/education through their local pantries, etc.



# ISDH (CONT.)

**Name:** Jessi Dickerson, MS, RD & Amy Rupp, MPH

**Title:** SNAP-Ed Coordinators

**Jessi: E-mail:** jdickerson@isdh.in.gov; **Phone:** 317-234-9684

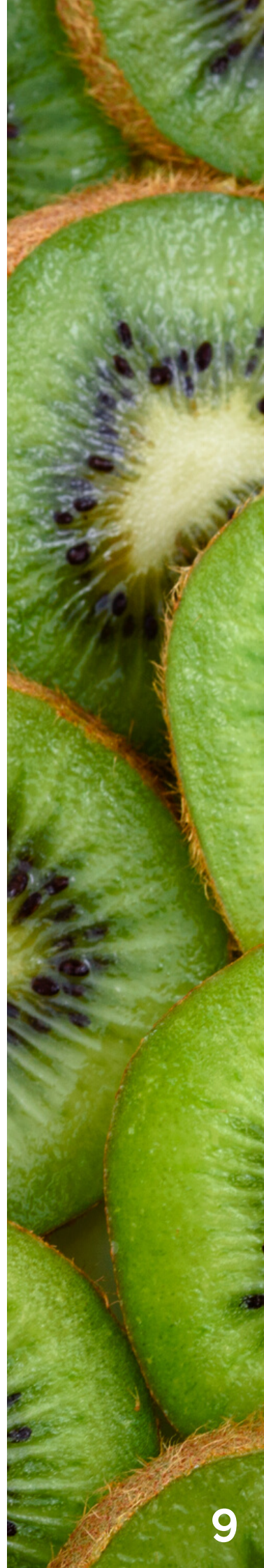
**Amy: E-mail:** arupp@isdh.in.gov; **Phone:** 317-233-7267

## **Nutrition-related initiatives/committees that you currently work on:**

- **Lead the State Nutrition Action Committee** – The SNAP-Ed Coordinators at the Indiana State Department of Health have taken over the coordination of the State Nutrition Action Committee (SNAC). SNAC is a partnership of statewide organizations working collectively to improve the nutrition of low-income populations in Indiana. At the beginning of 2020, Indiana's SNAC is hoping to begin work on its first state-wide initiative.
- **Provide oversight to Indiana SNAP-Ed Program** – We work very closely with Purdue Extension Nutrition Education Program Administration Team as their oversight agency in the SNAP-Ed program. In our partnership we provide them with technical assistance, resources, and best practices to help enhance the program. Additionally, we are tasked with evaluation of the program which we will begin working on in FY20.
- **Top 10 Nutrition Work Group** – We regularly attend the monthly Top 10 Nutrition Coalition meetings which is a group of professionals working together to address issues related to food, nutrition, and hunger in Marion County. In these meetings partners network and collaborate by sharing best practices, initiative progress (and setbacks), and serve in community outreach opportunities as available such as cooking demonstrations or volunteer opportunities.

## **Additional Information:**

As a state organization, we work with various partners throughout Indiana. The SNAP-Ed team most often works with the Purdue Extension Nutrition Education Program for all SNAP-Ed direct education as well as policy, systems, and environmental initiatives. We also work closely with other members of ISDH's Division of Nutrition and Physical Activity (DNPA) to share resources and information related to nutrition and food accessibility.



# ISDH (CONT.)

**Name:** Naima Gardner, MPH

**Title:** Nutrition Coordinator

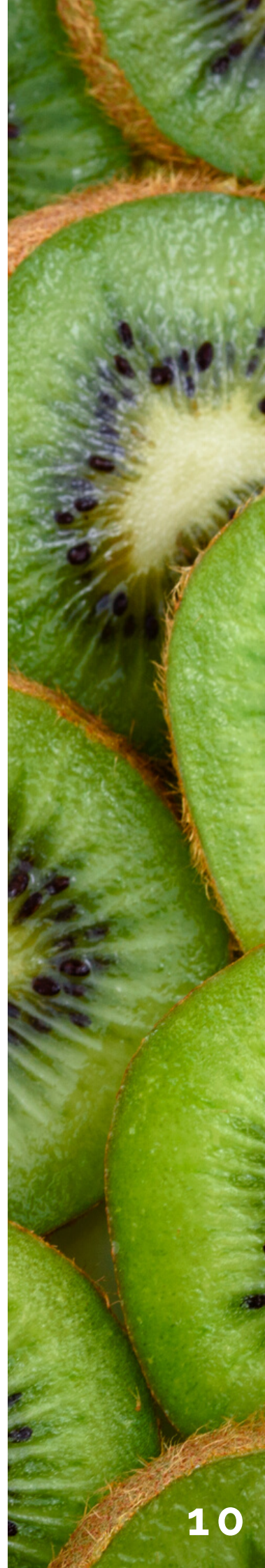
**E-mail:** NGardner1@isdh.in.gov; **Phone:** 317-234-3498

## Nutrition-related initiatives/committees that you currently work on:

- **Indiana Grown for Schools** – leading farm to school efforts for ISDH. We recently created a Buyer's Guide for school food service directors to connect them with local producers and hopefully increase the amount of Indiana grown food in school cafeterias throughout the state. We also lead the Indiana Grown for Schools Network and recently launched a farm to school website ([Ingrown4schools.com](http://Ingrown4schools.com)).
- **Community Compass** – involved in the development of an app that will connect limited resource individuals and families to emergency food assistance resources. Working closely with the City of Indianapolis, Indy hunger Network, Level Up and Connect2Help.
- **SNAP-Ed** – supervise our SNAP-Ed team here at ISDH. I act as the main point of contact between ISDH and Purdue Extension.
- **Cooking Matters** – oversee mini grants throughout the state for organizations who we fund to teach Cooking Matters courses in their communities.
- **Food Access and healthy equity efforts** – involved in our internal health equity council here at ISDH; and very passionate about food access and food justice throughout the state of Indiana.
- **Trauma-informed nutrition education** – coordinating a training for Purdue's Nutrition Education Program staff facilitated by Leah's Pantry.
- Part of planning committee for the upcoming Farmer's Market Forum

## Additional Information:

We have a lot of contacts throughout the state and have access to many resources that could be helpful to folks doing nutrition work. Please reach out to us as a starting point if you're looking for partnership or assistance!



# ISDH (CONT.)

**Name:** Penelope Friday, MPH, CHES

**Title:** Childhood Obesity Prevention Coordinator

**E-mail:** pfriday@isdh.in.gov; **Phone:** 317-232-3155

**Nutrition-related initiatives/committees that you currently work on:**

- Collaboration with Indiana Department of Education and American Heart Association to coordinate with school corporations on their wellness policies to better address best practices and guidelines around child nutrition and physical activity.
- Partnering with the Whole Kids Foundation to fund nutrition education courses statewide to support educator wellness. These are taught by Dietitians and provide schools with a free opportunity for professional development within the scope of wellness topics.
- Creation of a Farm to Early Childcare and Education (ECE) workgroup that aims to increase access to healthy, local food, gardening opportunities and agriculture education to enhance the quality of educational experience in ages in 0-5. This will be a statewide coalition that will support Indiana child care providers in all settings.

**Additional Information:**

My position has a statewide focus around the schools and early childcare and education settings, with prioritization around the policies, systems and environments that influence child and educator wellness.

**Name:** Lindsey Bouza, MPH, PAPHS

**Title:** Director, Division of Nutrition and Physical Activity (DNPA)

**E-mail:** lbouza@isdh.in.gov; **Phone:** 317-234-3580

**Nutrition-related initiatives/committees that you currently work on:**

- Currently part of a USDA Farm to School Grant in which we have created a Buyer's Guide and website to easily link food services directors with local farmers who want to sell their products to schools.
- DNPA oversees the SNAP-Ed funding in Indiana, granting most to Purdue Extension, the implementing agency. We keep track of classes taught by Nutrition Education Program Assistants and also policy, system, and environmental changes related to nutrition and physical activity (examples being community gardens, work with food pantries, Farm to School, etc.)
- Partner with organizations to create healthy meeting guidelines for employee wellness and/or improve food service guidelines in workplaces. At the present moment, we are providing input on the chosen vendor for the state government center cafeterias and were able to insert nutrition-related questions in the RFP.

**Additional Information:**

The DNPA focuses on a variety of nutrition topics, including Farm to School, nutrition in ECEs, worksites, schools, etc. One of our two main goals is to increase access to and consumption of healthy foods and beverages.

## ISDH (CONT.)

**Name:** Megan Paskey, MPH, MS

**Title:** Community Food Systems and Farm to School Coordinator

**E-mail:** mpaskey@isdh.in.gov; **Phone:** 317-233-1965

**Nutrition-related initiatives/committees that you currently work on:**

State-wide contact for food systems and farm to school initiatives! New to my role, my involvement and main initiatives/committees are evolving. I am very excited to be here and always happy to learn more about food system and farm to school challenges and successes around Indiana!

**Additional Information:**

New to position, more info to come!

## ISDH (CONT.)

**Name:** Ivy Egbo, RN, MPH

**Title:** Cardiovascular Program Coordinator

**E-mail:** iegbo@isdh.in.gov; **Phone:** 317-234-1918

**Nutrition-related initiatives/committees that you currently work on:**

We work with state-funded Community Health Centers (CHC) on a CDC grant focused on the prevention and management of heart disease, stroke, and diabetes. Also included in this grant are patient referrals to evidence-based programs like Supplemental Nutrition Assistance Program - Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP). In addition to these programs, we are working on connecting our partnered Health Systems with other resources and nutrition-based educational programs.

**Additional Information:**

n/a

# INDIANA UNIVERSITY

**Name:** Samantha Schaefer, MS, RD, CD, FAND

**Title:** Manager, Healthy IU (Employee Wellness Program)

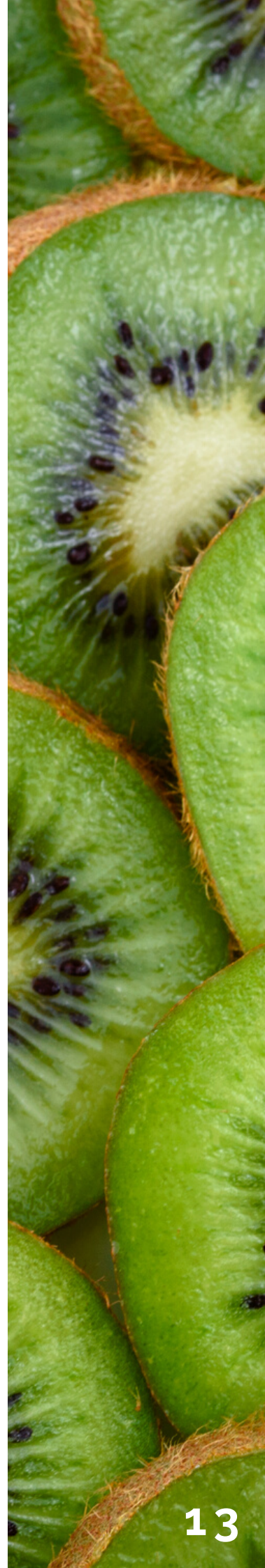
**E-mail:** scschaef@iu.edu; **Phone:** 812-856-2761

## **Nutrition-related initiatives/committees that you currently work on:**

- **IU Workplace wellness survey:** Using university-wide data to compare 2013, 2015, and 2019 and do a 6-year comparison at the university level and by each campus.
- **CDC's worksite health scorecard:** Assessing the university on 18 categories. This helps us get a university-wide perspective on where we stand amongst best practices. All of this data will help guide our next 5-year strategic plan.
- **Indiana Academy of Nutrition and Dietetics (IAND):** Serve as the President of the state's professional nutrition organization to optimize Indiana resident's health through food and nutrition, and support the RDN profession.

## **Additional Information:**

- Healthy IU serves full-time employees and their spouses on an IU medical plan. IU has 9 campus locations across Indiana (Bloomington, Indianapolis, Ft. Wayne, South Bend, Gary, New Albany, Richmond, Columbus, Kokomo).
- The Indiana Academy of Nutrition and Dietetics (Indiana Academy or IAND) is a Non-Profit Association made up of more than 1,300 diverse and inclusive dietetic professionals, including Registered Dietitians (RD), Dietetic Technicians Registered (DTR), and Dietetic Students. The Indiana Academy is an affiliate of the Academy of Nutrition and Dietetics and has been serving citizens of Indiana since 1923. IAND members represent all areas of nutrition services including those at hospitals, school food services, public health, long-term care facilities, education, research, private practice, pharmaceutical companies and special needs.



# INDIANA UNIVERSITY (CONT.)

**Name:** Alyce D Fly, PhD

**Title:** Professor, Nutrition Science and Dietetics, School of Public Health

**E-mail:** [afly@indiana.edu](mailto:afly@indiana.edu); **Phone:** 812-855-7975

## **Nutrition-related initiatives/committees that you currently work on:**

- Just completed USDA Team Nutrition Grant with Indiana Department of Education; included 3 projects, 1) professional education for food service workers on Dietary Guidelines with a celebrity chef, 2) created and tested a new Family and Consumer Science teacher nutrition curriculum on the 2015-2020 Dietary Guidelines, and 3) created and evaluated Power up with Produce, an athlete mentor program for elementary school children promoting fruit and vegetables and the 2015-2020 Dietary Guidelines.
- Currently testing the VeggieMeter, a noninvasive device to measure fruit and vegetable intake by obtaining a relative measure of skin carotenoids, to see how it compares with blood biomarkers of fruit and vegetable intake, regarding the best time to administer the measurement over the course of an intervention.

## **Additional Information:**

Major Partner: Indiana Department of Education; Statewide. Particular interest in opportunities for rural areas.

# INDY HUNGER NETWORK

**Name:** Kate Howe

**Title:** Managing Director

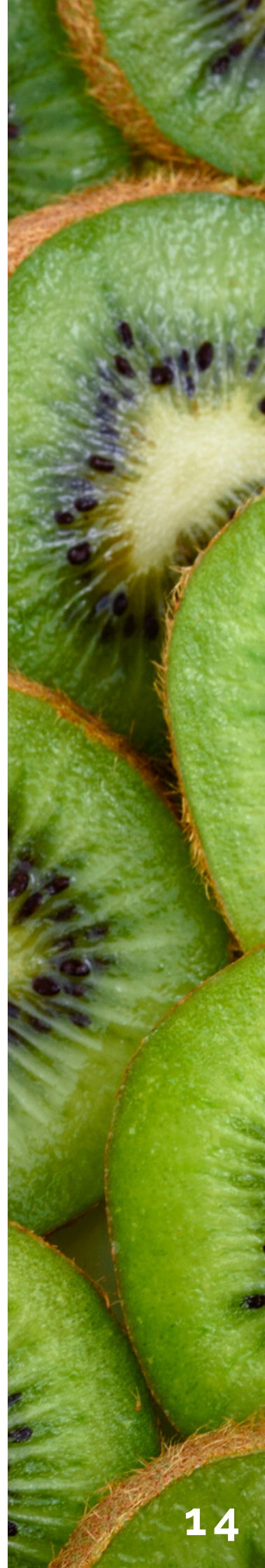
**E-mail:** [kate@indyhunger.org](mailto:kate@indyhunger.org)

## **Nutrition-related initiatives/committees that you currently work on:**

- Cooking Matters classes in Marion County
- Working with food pantries to improve the quality of food they provide and encourage implementation of healthy nudges at pantries.
- Working with Marion County WIC and Indiana WIC on social media marketing campaign for WIC to increase enrollment

## **Additional Information:**

The Indy Hunger Network is a coalition of hunger relief partners in the Greater Indianapolis area, working to ensure that all who are hungry have access to the nutritious food they need.



# JUMP IN FOR HEALTHY KIDS

**Name:** Julie Burns

**Title:** CEO

**E-mail:** Julie.burns@jumpinhealth.org; **Phone:** 317-921-1261

## **Nutrition-related initiatives/committees that you currently work on:**

- Part of the strategic planning group that is redesigning the Indianapolis Food Council and its role within the food infrastructure.
- In coordination with the City implementing a new grant to create an infrastructure for Marion County that plans and scales food access initiatives.
- Working with the Indy Hunger Network, supporting moving central Indiana food pantries to healthier best practices.

## **Additional Information:**

Our major objective related to nutrition is to support existing central Indiana organizations that impact children and their families with tools/resources so they can make the best practices around healthy eating part of their day to day operational infrastructures. We tend to do most of that work at the system level, but will work directly with organizations that strategically help us meet that objective.

# KENDRICK FOUNDATION

**Name:** Keylee Wright, M.A.

**Title:** Executive Director

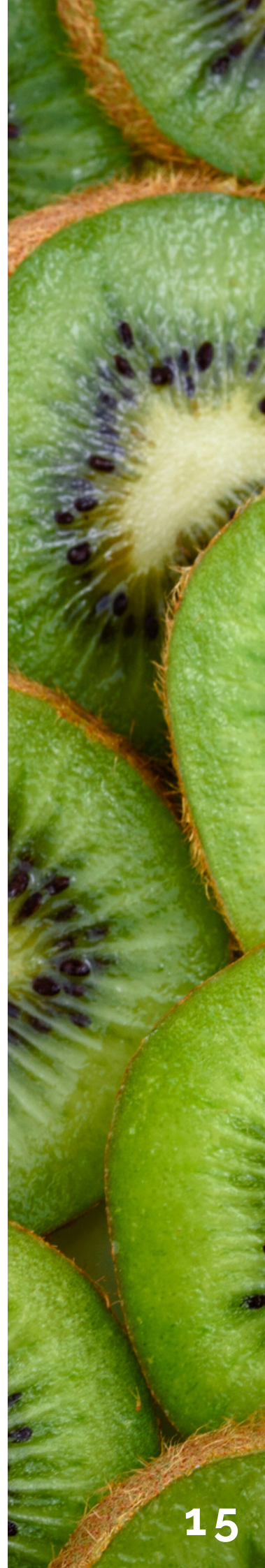
**E-mail:** kwright@kendrickfoundation.org; **Phone:** 317-831-1232

## **Nutrition-related initiatives/committees that you currently work on:**

We are partnering with the Barbara B. Jordan YMCA, Boys & Girls Club of Morgan County, Ruth Lilly Health Education at Marian University, Martinsville Youth Development Center, and IU Health Morgan to support nutrition-related initiatives.

## **Additional Information:**

The mission of the Kendrick Foundation is to financially support education and initiatives that improve the physical and mental health of Morgan County residents. Our priority areas are substance abuse, mental health, and obesity.



# MARION COUNTY PUBLIC HEALTH DEPARTMENT

**Name:** Michelle Shippy, MS, RDN

**Title:** Nutrition Incentive Program Manager

**E-mail:** mshippy@marionhealth.org; **Phone:** 317-221-3527

## Nutrition-related initiatives/committees that you currently work on:

- Fresh Bucks program
- Produce Prescription (Rx) program – Marion County currently.
- Top 10 Coalition
- Indiana Nutrition Council

## Additional Information:

Marion County Public Health Department focuses on local work in Marion County but happy to share information, successes, and ideas on replicating the work statewide. We partner with many organizations.

# MARION COUNTY PUBLIC HEALTH DEPARTMENT

**Name:** Denise Ferguson RDN, MS, CDE

**Title:** Administrator, Nutrition Services

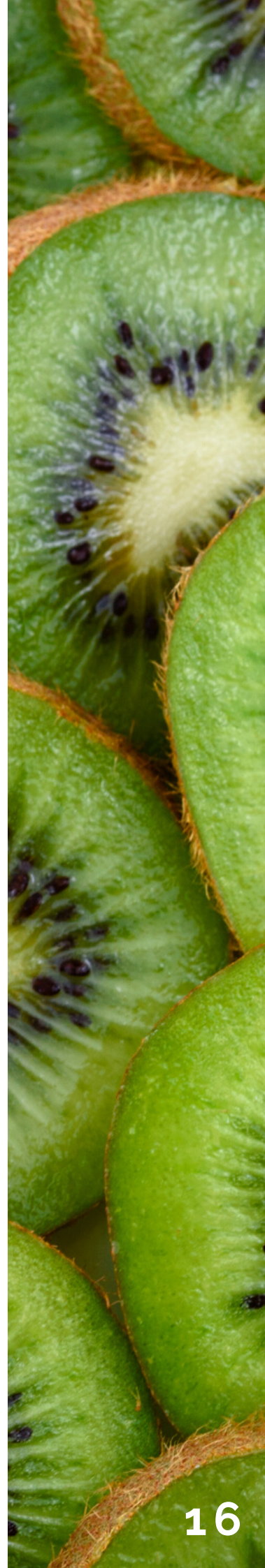
**E-mail:** dferguson@marionhealth.org; **Phone:** 317 221-7365

## Nutrition-related initiatives/committees that you currently work on:

None Listed

## Additional Information:

None Listed



# PARKVIEW HEALTH

**Name:** Kylee Bennett, MBA-HCA

**Title:** Youth Well-being Coordinator

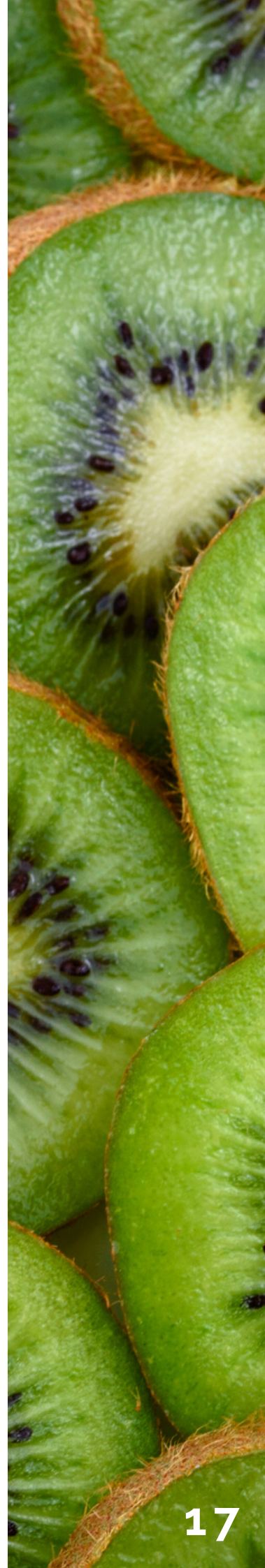
**E-mail:** Kylee.Bennett@parkview.com; **Phone:** 260-266-2465

## **Nutrition-related initiatives/committees that you currently work on:**

- Program/Site Coordinator for FitKids360, a free healthy lifestyle program for families. It is an 8-week program focusing on nutrition, physical activity, and behavioral health with 30 minutes of activity at every weekly session. Children ages 5-17 years with a Body Mass Index in the 85th percentile or above who are referred by their provider can participate along with at least one adult accompanying them each week.
- Lead the Northeast Indiana Farm to School Team which covers an 11-county region including the counties of Adams, Allen, DeKalb, Huntington, Noble, Kosciusko, Wells, LaGrange, Whitley, Wabash, and Steuben. The team is working to create a comprehensive regional Farm to School action plan, develop individual school/district Farm to School implementation plans that tie to the regional plan, and identify gaps in the Farm to School supply chain to help increase procurement of local foods in schools.
- Oversee and provide necessary support to our Planting Healthy Seeds series, including school, summer/before/after-school, and early childcare programming. Each series is accompanied with nutrition and physical activity information in the form of curriculum (tied to the Indiana State Standards), lessons, or professional development sessions.
- Participant of the north and east regions of the Indiana Breakfast Task Force.
- Committee member for the following health coalitions in Northeast Indiana – Steuben Co., LaGrange Co., Huntington Co., and Noble Co.

## **Additional Information:**

- The Youth Well-being Team for Parkview is located in the northeast; however, we are able and willing to provide support and programming throughout the state. Our focus is on building relationships and partnerships to help positively impact the health and well-being of the youth which provides us with the opportunity to also work with adults including educators, youth workers, administrators, and family members.



# PURDUE EXTENSION NUTRITION EDUCATION PROGRAM

## Leadership Contact Information:

### **Angie Abbott, EdD, RDN, CD**

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### **Wanda Stevens**

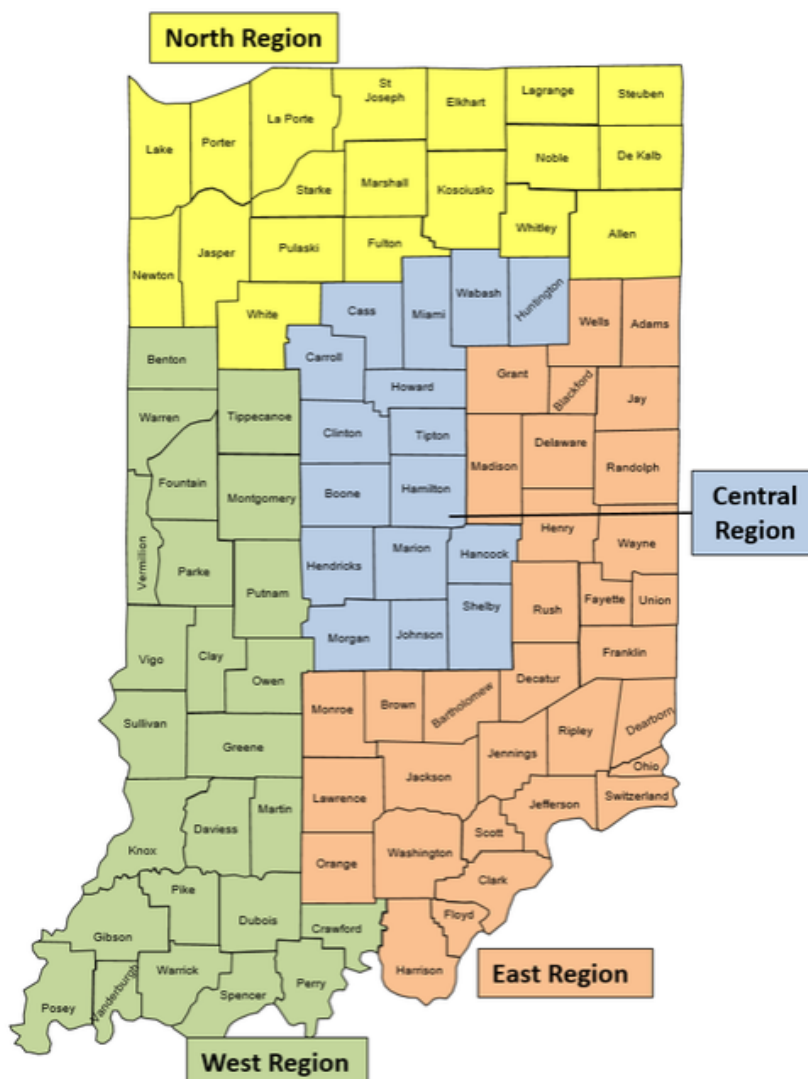
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### **Stephanie Faroh, MA, RDN, LD**

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### **Krystal Lynch, PhD, MPH**

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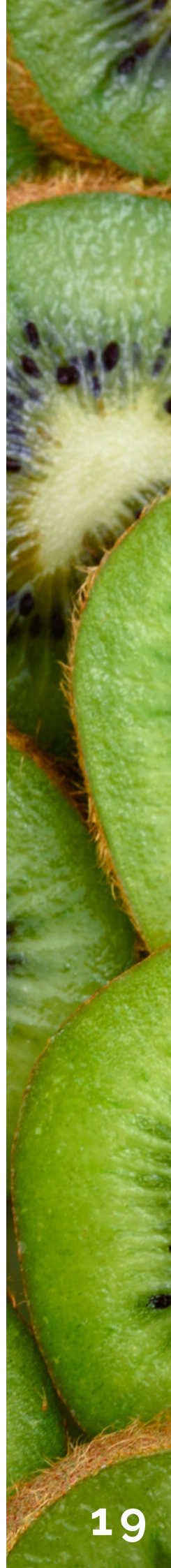
# PURDUE EXTENSION NEP LEADERSHIP

## Nutrition-related initiatives/committees that you currently work on:

- We are currently partnering with RightFit in Marion County, whose mission includes enhancing a healthier community through a robust after-school program that encourages physical activity and healthy eating. The long-term goal is to make this program widely available to schools in communities with limited resources across Indiana. It would take great collaboration and funds from partners across the state to make this happen. The SNAC team may be a great resource in this important endeavor to make a healthy impact in the lives of Hoosier children!
- Many counties are working on improving nutrition and food access in the Schools. Examples include: working on food rescue in the cafeteria, healthy snack option policies, school gardens, healthy food options at lunch and breakfast. We have made a great partnership with No Kid Hungry to combat food access in schools.
- Many Community Wellness Coordinators (CWCs) are working on improving access to nutritious foods through healthy food donations at pantries, choice food pantries, farmer's markets accepting SNAP/ WIC vouchers/Senior vouchers, double up buck programs and food hubs.
- Other CWC initiative types include: food prescription programs, community gardens, worksite wellness, healthy community designations, bike share
- Our Nutrition Education Program Assistants (NEPAs) are offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, YMCA.
- Our Regional Supervisors are each serving on their respective region's Indiana Regional School Breakfast Task Force.
- We are partnering with projects in Grant and Vermillion counties through the Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health.

## Additional Information:

The Purdue Extension Nutrition Education Program (NEP) works to improve the nutrition and health of audiences with limited resources in Indiana. We offer two major initiatives statewide to communities free of charge: nutrition education to youth and adults, and community wellness initiatives collaborating with partners on policy, system and environmental changes. NEP is the SNAP-Ed and EFNEP implementing agency for the state of Indiana. We partner with ISDH as the SNAP-Ed state agency. Each year, we partner with hundreds of agencies and organizations to make a positive impact on public health to reach our limited-resource clientele. See the map on page 17 for specific regional coverage.



# PURDUE EXTENSION NEP REGIONAL SUPERVISORS

**Name:** Megihann Leininger, MA

**Title:** Regional Supervisor, North Region

**E-mail:** mleinin@purdue.edu; **Phone:** 574-223-3397

## **Nutrition-related initiatives/committees that you currently work on:**

I am very fortunate to work in tandem with the north region Community Wellness Coordinators and Nutrition Education Program Assistants.

## **Additional Information:**

We are always looking for opportunities to partner with agencies who work with SNAP eligible participants.

# PURDUE EXTENSION REGIONAL SUPERVISORS

**Name:** Jen Love-Tillotson, MS

**Title:** Regional Supervisor, Central Region

**E-mail:** jlove-til@purdue.edu

**Phone:** 317-386-8919(office) / 317-771-0677 (mobile)

## **Nutrition-related initiatives/committees that you currently work on:**

We deliver Nutrition Education Programs and support for Community Wellness initiatives addressing the policies, systems and environments that drive public health for Indiana's communities with limited resources. We focus on five areas: nutrition, food security, physical activity, food safety, and food resource management.

## **Additional Information:**

Our premiere partner is the Indiana State Department of Health. We also partner with hundreds of agencies and stakeholders to make a positive impact on public health.



# PURDUE EXTENSION REGIONAL SUPERVISORS

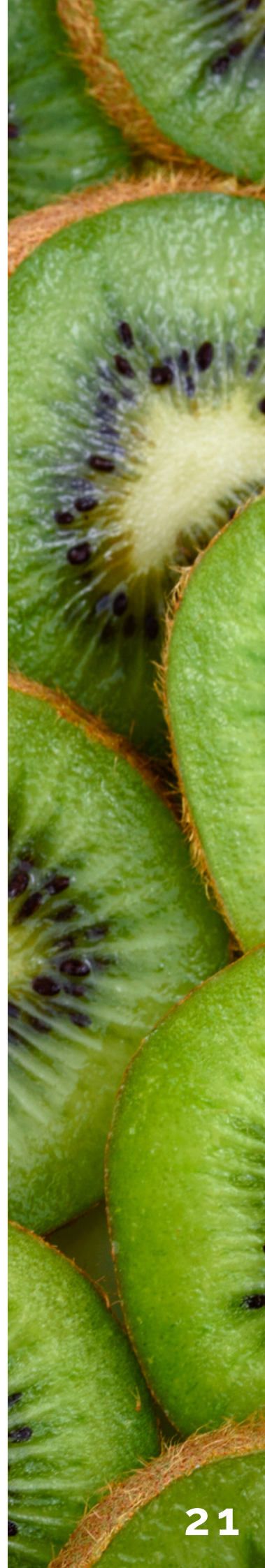
**Name:** Ashley Roberts, MS

**Title:** Regional Supervisor, East Region

**E-mail:** robertae@purdue.edu; **Phone:** 812-583-5436

## **Nutrition-related initiatives/committees that you currently work on:**

- Several Community Wellness Coordinators (CWC) in the east are working on improving nutrition and food access in schools. Examples include: working on food rescue in the cafeteria, healthy snack option policies, school gardens, and healthy food options at lunch and breakfast
- Many CWCs in the east are working on improving access to nutritious foods through healthy food donations at pantries, farmer's markets accepting SNAP/ WIC vouchers/Senior vouchers, double up buck programs and food hubs.
- Other CWC initiative types include: food prescription programs, community gardens, worksite wellness, healthy community designations, bike share
- Our Nutrition Education Program Assistants (NEPAs) are offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, YMCA
- Serving on the East region Indiana School Breakfast Task Force
- Community Wellness Coordinator in Grant County is partnering with efforts through the Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health.



# PURDUE EXTENSION REGIONAL SUPERVISORS

**Name:** Jill Tuley Walters

**Title:** Regional Supervisor, West Region

**E-mail:** jtuley@purdue.edu; **Phone:** 812-435-5287

## Nutrition-related initiatives/committees that you currently work on:

### **Regional Supervisor:**

- Indiana Regional School Breakfast Task Force West Region
- Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health – oversee Vermillion county (one of the selected counties)
- ISDH, Division of Nutrition and Physical Activity – work closely with SNAP-Ed coordinators.

### **Nutrition Education Program (NEP):**

- Community Wellness Coordinators (CWC) across region – initiatives include: SNAP at farmers' markets, school breakfast, Choice food pantries/integrating HATCH distribution at pantries, food rescue, food prescription, community gardens, worksite wellness, healthy community designations, bike share, painted play zones, gleaning
- Nutrition Education Program Assistants (NEPA) across region – offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, YMCA

## THRIVE ALLIANCE

**Name:** Shelby Eggers

**Title:** Healthcare Integrations and Community Education Manager

**E-mail:** seggers@thrive-alliance.org; **Phone:** 812-372-6918 ext. 3011

## Nutrition-related initiatives/committees that you currently work on:

I oversee the Senior Nutrition Program at Thrive Alliance as well as coordinate evidence-based health programs to the community. I also am apart of Joining Jennings for Healthy Living, which is a group designed to bring nutrition and physical activity to the community of Jennings County.

### Additional Information:

Thrive Alliance is an Area Agency on Aging.

